

COUNSELING RELATIONSHIP INFORMED CONSENT

MISSION STATEMENT:

E91 Counseling Ministry is a place to promote, for those who are willing, the continuous journey to be transformed into the image of Christ.

E91 Counseling Ministry exists to honor God by serving our local community, other area congregations, and the Kingdom worldwide. We accomplish this through two distinct avenues.

- Provide affordable biblical counseling services to individuals and families that are struggling with a variety of issues and wish to see God transform their lives while integrating faith into the healing process.
- Trains and mentors masters and postgraduate level counseling and practical ministry students. Our facility provides internship and residency opportunities designed to develop the next generation of solid, professional, biblical counselors and ministry leaders.

Our goal for these professionals is to influence the far corners of the world for Christ through various churches, mission organizations, and Christian counseling practices.

“Do not conform any longer to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is, his good, pleasing and perfect will” (Romans 12:2, NIV).

Would you like a copy of the E91 Counseling Ministry Scope of Practice? Yes No _____ Initials

COUNSELING SERVICES:

E91 Counseling is located at East 91st Street Christian Church offers its services at a reduced cost. E91 Counseling does charge a \$25 fee for an initial appointment. Initial appointment counselors typically meet with you for one session to gain an understanding of your situation and to identify resources, both within the church and out in the community that may be helpful in resolving your difficulties and fostering spiritual growth. Beyond the initial appointment, a sliding fee scale is used and set forth on a separate Financial Agreement which you will be given at the time of the initial appointment. When available, E91 Counseling provides a limited amount of short-term counseling sessions with graduate interns, which typically involves eight to twelve 50-minute sessions. We treat individuals 12 and over. If it is determined that long-term counseling would be more beneficial, we may also assist you in connecting with an onsite Resident Counselor or in finding a local professional Christian therapist in the community.

If your counselor attempts to communicate with you and is unsuccessful, a letter will be mailed to the address you’ve provided. If no communication is made within 35 business days, your file will be closed and retained for the minimum amount of years the law requires.

COMMUNICATION:

Counselors will communicate with client via phone or postal mail only. Counselors will not communicate with clients via email, text messaging, or social media. If a client contacts a counselor using any of the previous avenues, counselor will not respond. Counselors will check their messages and will return calls within 24 business hours. Counselors will not conduct sessions via phone or computer. Phone calls may be used to schedule, provide a risk assessment and/or provide recommendations or referrals. I agree to allow E91 Counseling Ministry to leave a voicemail on this designated phone number: _____ Initials

CLIENT RIGHTS:

1. To have the counselor available at the appointment time agreed upon in advance.
2. To understand any issue related to treatment or the therapy process.
3. To ask questions about your counselor, his or her methods, and/or the direction the counseling is headed.
4. To discontinue counseling at any time. Should you decide to discontinue, your counselor may request a termination session to discuss progress or areas of continuing concern.
5. To request a change of counselor. If you should feel the need to change counselors, feel free to discuss that issue with your present counselor.

CLIENT RESPONSIBILITIES:

1. To arrive for counseling sessions on time, so that the hour (50 minutes) set aside can be utilized maximally.
2. To bring your contracted payment for counseling sessions in the form of cash or check (written to East 91st Street Christian Church) and to give that to your counselor at the beginning of each session.
3. To cancel appointments 24 hours in advance, see below.
4. Cooperate with your counselor in treatment planning and process. Counselors do not possess the ability to change your life or fix your problems. Resolution will only come through consistent effort on your part in conjunction with your actively seeking and inviting Christ into your life and into the healing process.
5. Please do not offer the counseling staff/ interns any type of gift.
6. If you have a counseling emergency and are unable to reach your counselor in training or resident counselor, please contact one of the following resources for immediate assistance:
 - Crisis Intervention/Connect2Help (24 hours): 251-7575.
 - St. Vincent, St. Francis and Community North Hospitals: 24 hour emergency counseling care, available through their emergency rooms.

CANCELLATION OF AN APPOINTMENT:

_____ Initials

When you schedule your appointment, you have reserved this time in our schedule and we have placed it aside to meet with you. If you must cancel or change your appointment, we require that you contact our office at 317-598-1580 and press 3 **at least 24 hours in advance**—if no one is available to take your call, please leave a voice mail message.

Late Cancellations and No Show Policy:

E91 Counseling Ministry will charge for each appointment that is missed without adequate notice (“no show”). A no show is an appointment that is:

- missed without notice
- missed with less than one day’s (24 hour) notice
- missed due to arriving 15 minutes or more beyond the scheduled appointment time

If you no show 3 times in a consecutive 12 month period, you may be discharged from the center.

If you do not keep your appointment and have not called to cancel or reschedule within the allotted time limits, you will be charged for the full price of the session. The only exceptions to this policy are appointments missed due to last minute illness or emergencies.

You will be billed directly for missed appointments. Payment for missed appointments is due on or before your next scheduled appointment. If you have not paid in advance, you should be prepared to pay the outstanding balance at the time you check in for your next appointment.

LIMITS OF CONFIDENTIALITY:

_____ Initials

1. The results of treatment or tests must be revealed to a court when a client has been ordered into treatment by the court.
2. A therapist may take steps to protect a client or others from imminent danger, when a client threatens physical injury to self or others.
3. A therapist must report disclosures of physical or sexual abuse of a minor to the local children's protective service. A therapist must also report abuse, neglect or domestic violence for endangered adults.
4. Counselors in training consult with a supervisor and with fellow students in a structured classroom setting about clients' progress.
5. E91 Counseling provides reduced cost counseling under the ministry umbrella. Counselors working for E91 Counseling are not available to give testimony in legal matters.
6. With my consent, E91 Counseling may use and disclose protected health information about me to carry out treatment, payment, and mental healthcare operations.
7. Indiana requires a mental health provider to warn third parties if a mental health client that has been diagnosed with HIV/AIDS has expressed intention to harm an identifiable victim.
8. If client has consented to limited disclosure of counseling records to specific professionals, agencies, and individuals, E91 Counseling and/or therapist is not liable for any re-release of information from the consented party.

TESTIMONY ACKNOWLEDGEMENT:

_____ Initials

I understand that E91 Counseling Ministry is an internship/resident site for counselors in training who are not trained to provide testimony in legal matters.

- I understand that in order for E91 Counseling to continue its ministry effectively, it must limit the services that it provides to services that will further its charitable, religious, and educational purposes.
- Acknowledging the above, I understand that it is not the intent of E91 Counseling Ministry, its pastoral counselors, or its residents/interns to assist Clients by providing legal testimony, otherwise participating in legal matters, or providing any other services that will not further the charitable, religious, and educational purposes of E91 Counseling. I agree that I will not request E91 Counseling, its pastoral counselors, or its residents/interns to provide such services for me in legal matters.

SUPPORT PLAN:

_____ Initials

By signature on this document entitled "Counseling Relationship Informed Consent," and in exchange for my receiving counseling services through E91 Counseling Ministry, **I agree not to harm myself, attempt to harm myself, or harm anyone else while in treatment at E91 Counseling.**

If my circumstances change and I do feel that I might harm myself, I will contact the following:

- a) I will call _____ (support person) at _____ (phone number).
- b) I will call the Crisis Intervention Hotline (24 hours) at 317-251-7575
- c) I will dial 911 for emergency assistance or go directly to a hospital emergency room. I know that St. Vincent, St. Francis, and Community North Hospitals all offer 24 hour emergency counseling care at their respective emergency rooms.

AGREEMENT WITH E91 COUNSELING MINISTRY:

I (We) understand that the Pastoral Counseling staff, interns, residents, and/or volunteers will attempt to assist me (us) in developing a plan, and that they do not make any representations or warranties with respect to the results of their services and/or referrals or their ability to help me (us) with my (our) credit/financial/emotional management. I (We) understand that our counseling intern, resident counselor or pastoral counselor consults with a supervisor and with fellow students in a structured classroom setting about my (our) progress. I (We) further understand that the Pastoral Counseling staff, interns, residents, and /or volunteers are not available to and will not give testimony in legal matters. Should my (our) interactions with E91 Counseling Ministry require the pastoral counseling staff, supervisors, interns, residents and/or volunteers to incur legal expenses in conjunction with my (our) counseling and related matters, including all and excluding none, I (we) understand I (we) will be required to pay for all costs and expenses associated therewith. I (We) understand if successful treatment is beyond the scope of E91 Counseling Ministry’s scope of services, I (we) may be referred to another, more comprehensive facility which is better equipped to respond to my needs. I (We) understand and consent that upon the need for an internal transfer from one counselor to another within E91 Counseling Ministry, my (our) file will be transferred as well. I (We) further understand and acknowledge that East 91st Street Christian Church, the Pastoral Counseling staff, interns, residents, and/or volunteers would not allow the undersigned to participate in these services without releasing and holding harmless the Church. The undersigned further acknowledges that this is a full and complete release for all injuries and damages, which the undersigned may sustain as a result of the undersigned’s participation in these services.

Client: _____
Print name *Signature*

Counselor: _____ Date: _____
(Signature)



Applicant Profile

Personal Information

Last Name: _____ First Name: _____ Middle Name: _____

What is your preferred name? _____

Address: _____ Apt # _____

City: _____ State: _____ Zip: _____

Date of Birth (MM/DD/YY): _____ Age: _____ Sex: Male _____ Female _____

Race (optional): _____ National Origin (optional): _____

Please list phone numbers where the counselor may contact you:

Home: () _____ Work: () _____ Cell: () _____

Military Branch of Service (if applicable) _____

Emergency Contact Information

Who should E91 Counseling Ministry contact in the event of an emergency involving you?

Name: _____ Phone Number: () _____

Relationship to you: _____ May we leave a message? _____

Counseling Information

In your estimation, what is your greatest concern or need?

Please estimate the severity of your problem by placing an "X" on the line below:

_____ Mildly Upsetting Moderately Severe Severe Extremely Severe Totally Debilitating

Were you referred to E91 Counseling? Yes ___ No ___ If yes, by whom? _____

Have you been treated by, consulted with, or received counseling/therapy from a mental health professional in the past? Yes ___ No ___

Are you currently under the care of a mental health professional? Yes ___ No ___

Have you been treated by, consulted with, or received counseling/therapy from a mental health professional at E91 Counseling (fka Crucible Counseling) in the past? Yes ___ No ___

If yes, who was your counselor? _____

Health Information

Please list any previous therapy or treatment you have received from mental health professionals:

Date(s)	Name of Therapist / Place of Therapy	Nature of Problem / Reason for Seeking Therapy	Result of Treatment

How would you describe your general health condition? Excellent ___ Good ___ Fair ___ Poor ___

Describe and date any serious illnesses, accidents, or operations you have had:

Date of your last physician visit? _____ What was the purpose of this visit? _____

Please list any medications you are currently taking:

Name	Dosage / Frequency	Results

Mark ("X") any of the following that apply to you:

- | | | |
|---|--|---|
| <input type="checkbox"/> palpitations | <input type="checkbox"/> stomach trouble | <input type="checkbox"/> no appetite |
| <input type="checkbox"/> headaches | <input type="checkbox"/> fatigue | <input type="checkbox"/> insomnia |
| <input type="checkbox"/> anger | <input type="checkbox"/> take sedatives | <input type="checkbox"/> don't like weekends or vacations |
| <input type="checkbox"/> nightmares | <input type="checkbox"/> feel panicky | <input type="checkbox"/> take drugs |
| <input type="checkbox"/> tense | <input type="checkbox"/> conflict | <input type="checkbox"/> allergies |
| <input type="checkbox"/> depressed | <input type="checkbox"/> suicidal thoughts | <input type="checkbox"/> shy with people |
| <input type="checkbox"/> unable to relax | <input type="checkbox"/> sexual problems | <input type="checkbox"/> can't make a decision |
| <input type="checkbox"/> concentration difficulties | <input type="checkbox"/> over-ambitions | <input type="checkbox"/> unable to have a good time |
| <input type="checkbox"/> can't make friends | <input type="checkbox"/> memory problems | <input type="checkbox"/> military service |
| <input type="checkbox"/> financial problems | <input type="checkbox"/> lonely | <input type="checkbox"/> home conditions bad |
| <input type="checkbox"/> bowel disturbances | <input type="checkbox"/> inferiority feeling | <input type="checkbox"/> recent death of family/friend |
| <input type="checkbox"/> can't keep a job | <input type="checkbox"/> tremors | <input type="checkbox"/> children leaving home |
| <input type="checkbox"/> alcoholism | <input type="checkbox"/> fainting spells | <input type="checkbox"/> employment change |
| <input type="checkbox"/> dizziness | <input type="checkbox"/> anxiety | <input type="checkbox"/> frequent over-eating |

Family Information

Marital Status: Single Engaged Married Separated Divorced Widowed

Name of spouse/roommate: _____ Male Female Age _____

Please complete the following information about your children (if applicable):

Name	M/F	Age	Live with you?	Briefly describe your relationship with your child.

Church Information

Do you attend East 91st Street Christian Church? Yes ___ No ___ If yes, how often? _____

Are you a member of E91? Yes ___ No ___

Do you attend another church? Yes ___ No ___ Name of that church? _____

Personal Spiritual Information

Do you trust Jesus Christ as your personal Savior? Yes ___ No ___

If yes, please briefly describe how you came to that decision. _____

Have you been baptized? Yes ___ No ___ If yes, by immersion? Yes ___ No ___ Unsure ___

Are you involved in a small group? Yes ___ No ___ If yes, which one(s)? _____

Are you serving in an area of ministry? Yes ___ No ___ Ministry Name: _____

Significant Life Events

Please answer the following questions:

Are you currently having thoughts of harming yourself (e.g. cutting or suicide)? Yes ___ No ___

If yes, please explain: _____

Have you ever attempted suicide? Yes ___ No ___

If yes, when: _____

Please describe the circumstances: _____

Have you ever engaged in self-harm behavior (e.g. cutting, burning)? Yes ___ No ___

If yes, when: _____

Please describe the circumstances: _____

Have you ever been physically or sexually abused? Yes ___ No ___

If yes, what was your relationship to the abuser? _____

Are you currently or in the past have you used a controlled substance or alcohol? Yes ___ No ___

If yes, please describe: _____

Does any member of your family suffer from addictions or substance abuse? Yes ___ No ___

If yes, what is their relationship to you? _____

Has anyone in your family been hospitalized for psychiatric care? Yes ___ No ___

If yes, what is their relationship to you? _____

Do you or does anyone in your family struggle with the following behaviors: pornography, Yes ___ No ___

gambling, shopping, hoarding, etc. If yes, what? _____

Printed Name of Client

Signature of Client

Date



E91 Counseling Ministry

Located at East 91st Street Christian Church

Financial Agreement

E91 Counseling Ministry charges all clients an initial counseling appointment fee of \$25. Beyond the initial appointment, E91 Counseling determines appropriate fees based on counselor availability and a sliding fee scale.

Please list your total gross annual household income: _____

E91 Counseling Ministry Expectations

The following are the expectations of E91 Counseling with respect to the counseling services provided by E91 Counseling to you:

- Payment of the fee identified is expected at the beginning of each session. The Center accepts **check or cash only. Please make all checks payable to East 91st Street Christian Church. There is a \$20 fee for all returned checks.**
- If you need to cancel an appointment, you must give your counselor **a minimum notice of 24 hours.** Missed appointments with less than 24 hours of notice will be billed as per the Counseling Relationship Informed Consent.
- If you encounter financial difficulties at any time during your counseling experience, please discuss this circumstance with your counselor.

By signature below, I confirm that I have read, understand, acknowledge, and, where applicable, agree to satisfy the expectations, and to undertake the payment obligations identified in this document entitled "Financial Agreement."

Signature of Client

Signature of Client

Printed name of Client

Printed name of Client

Date _____

Date _____

<u>FOR OFFICE USE ONLY:</u>	
Client Payment Obligation, per session (intern rate/resident rate): _____	
Approved hourly fee (to be completed by the Center): \$ _____	Approved: _____ (Supervisor's initials)